

The Obstacles Affecting Shopping Center Employees' Participation in Recreational Activities

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ABSTRACT This is a descriptive study prepared for determining the obstacles of shopping center employees' non-participation in recreational activities in their leisure time. Four hundred employees working at the shopping centers in Gaziantep participated in this research. The data obtained in this research was statistically analyzed using SPSS 16.0 package software. Cronbach's alpha coefficient for internal consistency reliability has been found as 0.87. Frequency, percentage, average and standard deviation were used as statistical method during the analysis of the data, t-test was used for two independent groups having variables with normal distribution. ANOVA and Tukey multiple comparison tests were used for comparing more than two independent groups having variables with normal distribution. According to the results of the study, significance level related to the gender and having participated in sport activities before, regarding the leisure obstacles of the employees working at shopping centers, has been found. However, no significance level related to the age has been found.